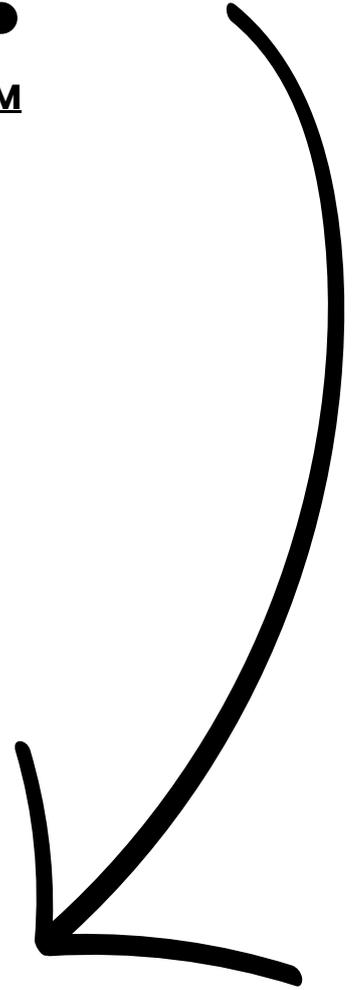
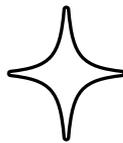


# The April Learning Program.

LEARNING BASED INTERNSHIP PROGRAM



04 TO 26 APRIL  
2026



PROGRAM BY Parindey Group



# Program Highlights



**MODE:-ONLINE**

**Date: 4th to 26th April 2026**

**Time: Depends on subj selection**

**Perks: Completion certificate**

**Classes: Zoom**

**Instructor: senior team of  
Parindey academy**

**PROGRAM BY** *Parindey Group*



# Background

The April Advanced Learning Internship (4 April – 27 April 2026) is designed as a structured academic–practical bridge program for psychology learners who want clarity, exposure, and applied understanding beyond classroom theory.

In today's evolving mental health landscape, psychology is no longer limited to counseling alone. It integrates law, neuroscience, genetics, industry, trauma studies, and clinical diagnostics. However, many students struggle with:

Lack of practical exposure

Limited case-based learning

Confusion regarding DSM diagnosis

Minimal understanding of interdisciplinary applications

Fear of real-life case handling

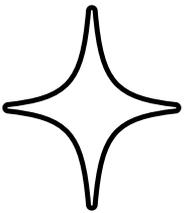
This internship was conceptualized to bridge the gap between academic curriculum and professional practice.



# Subjects

## FORENSIC PSYCHOLOGY

- Introduction to Forensic Psychology & Legal System Basics
- Criminal behavior theories
- Psychological profiling techniques
- Interviewing & interrogation psychology
- Eyewitness testimony & memory distortion
- Insanity defense & competency evaluation
- Risk assessment in offenders
- Forensic report writing basics
- Case discussion: homicide, sexual offenses, juvenile delinquency



## NEUROPSYCHOLOGY

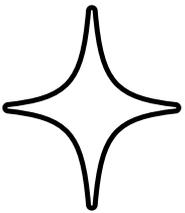
- Brain anatomy & functional localization
- Brain-behavior relationship
- Neurodevelopmental vs neurodegenerative disorders
- Cognitive domains (memory, attention, executive function)
- Neuropsychological assessment tools (overview)
- Traumatic brain injury (TBI) basics
- Stroke & cognitive impairment
- Case discussions with symptom mapping



# Subjects

## GENETICS IN PSYCHOLOGY

- Basics of behavioral genetics
- Nature vs nurture debate
- Heritability of mental disorders
- Gene–environment interaction
- Epigenetics in mental health
- Twin & adoption studies
- Genetic vulnerability models in depression, schizophrenia, bipolar disorder
- Ethical concerns in genetic psychology



## INDUSTRIAL PSYCHOLOGY

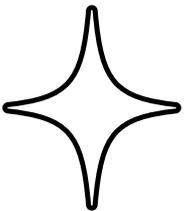
- Introduction to Industrial & Organizational Psychology
- Recruitment & psychological assessment
- Employee motivation theories
- Leadership & team dynamics
- Workplace stress & burnout
- Organizational behavior principles
- Performance appraisal methods
- Corporate mental health frameworks



# Subjects

## DSM-BASED DISORDERS

- Structure of DSM-5-TR
- Understanding diagnostic criteria
- Differential diagnosis approach
- Anxiety disorders
- Psychotic disorders
- Personality disorders
- Neurodevelopmental disorders
- Trauma-related disorders
- Mental Status Examination (MSE) format
- Case formulation basics



## TRAUMA-FOCUSED PSYCHOLOGY

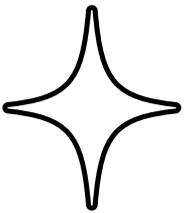
- Understanding trauma & stress response
- PTSD & Complex PTSD
- Acute stress disorder
- Childhood trauma & attachment
- Trauma-informed care principles
- Grounding & stabilization techniques
- Crisis intervention basics
- Case-based trauma formulation



# Subjects

## CLINICAL PSYCHOLOGY

- Clinical interview skills
- Case history taking format
- Mental Status Examination (detailed)
- Psychological testing overview
- Treatment planning basics
- Introduction to CBT, BT, and psychodynamic approach
- Differential diagnosis reasoning
- Ethical guidelines in clinical practice



## COUNSELING PSYCHOLOGY

- Foundations of counseling psychology
- Core counseling skills (empathy, reflection, paraphrasing)
- Rapport building
- Therapeutic alliance
- Counseling models (CBT basics, REBT basics, person-centered)
- Supervision & feedback basics
- Professional ethics & boundaries

# Schedule

<p>04 April</p> <p>06:00 PM Neuro 07:00 PM Genetics 08:00 PM Industrial 09:00 PM DSM</p>	<p>05 April</p> <p>5:00 PM Forensic 06:00 PM Neuro 07:00 PM Trauma 08:00 PM Industrial 09:00 PM Counseling</p>	<p>06 April</p> <p>06:00 PM DSM 07:00 PM Clinical 08:00 PM Genetics 09:00 PM DSM</p>
<p>07 April</p> <p>06:00 PM DSM 07:00 PM Trauma 08:00 PM Counseling 09:00 PM Genetics</p>	<p>08 April</p> <p>06:00 PM Forensic 07:00 PM Clinical 08:00 PM Counseling</p>	<p>09 April</p> <p>06:00 PM Neuro 07:00 PM Trauma 08:00 PM Industrial</p>
<p>10 April</p> <p>06:00 PM DSM 07:00 PM Clinical 08:00 PM Counseling 09:00 PM Genetics</p>	<p>11 April</p> <p>05:00 PM Forensic 06:00 PM DSM 07:00 PM Industrial 08:00 PM Neuro</p>	<p>12 April</p> <p>06:00 PM Neuro 07:00 PM Industrial 08:00 PM Counseling 09:00 PM Genetics</p>
<p>13 April</p> <p>06:00 PM Forensic 07:00 PM Neuro 08:00 PM Clinical</p>	<p>14 April</p> <p>Assignment submission</p>	<p>15 April</p> <p>Assignment submission</p>
<p>16 April</p> <p>06:00 PM Forensic 07:00 PM Clinical 08:00 PM Industrial</p>	<p>17 April</p> <p>06:00 PM DSM 07:00 PM Trauma 08:00 PM Counseling</p>	<p>18 April</p> <p>06:00 PM DSM 07:00 PM Trauma 08:00 PM Counseling</p>

# Schedule

<p>19 April</p> <p>05:00 PM Neuro 06:00 PM Genetics 07:00 PM Trauma 08:00 PM Counseling</p>	<p>20 April</p> <p>06:00 PM Genetics 07:00 PM Clinical 08:00 PM Industrial</p>	<p>21 April</p> <p>06:00 PM Forensic 07:00 PM Trauma 08:00 PM DSM</p>
<p>22 April</p> <p>06:00 PM Genetics 07:00 PM Clinical 08:00 PM Counseling</p>	<p>23 April</p> <p>06:00 PM Forensic 07:00 PM Trauma</p>	<p>24 April</p> <p>06:00 PM Forensic 07:00 PM Clinical 08:00 PM Genetics</p>
<p>25 April</p> <p>06:00 PM Neuro test 07:00 PM Clinical test 08:00 PM Counseling Test</p>	<p>26 April</p> <p>06:00 PM DSM test 07:00 PM Industrial test 08:00 PM Genetics test</p>	<p>27 April</p> <p>06:00 PM Trauma test 07:00 PM Forensic test</p>

# Package

## SILVER

1 Subject  
₹1800

2-3 Subject  
₹2200

4-6 Subject  
₹2700

**E-CERTIFICATE ON COMPLETION**

## GOLD

1 Subject  
₹2000

2-3 Subject  
₹2500

4-6 Subject  
₹3000

6-8 Subject  
₹3500

**E-CERTIFICATE ON COMPLETION + HARDCOPY CERTIFICATE**

## PLATINUM

1 Subject  
₹2300

2-3 Subject  
₹2800

4-6 Subject  
₹3300

6-8 Subject  
₹3800

**E-CERTIFICATE ON COMPLETION + HARDCOPY CERTIFICATE + ASCESS TO RECORDINGS**



# Testimonials

“Before joining this internship, DSM diagnosis used to feel overwhelming. The case-based discussions and MSE practice helped me understand differential diagnosis clearly. It boosted my confidence for handling real-life clinical cases.”

**Namita Thapar**

— MA Clinical Psychology Intern, 2025 Batch

“The forensic sessions were extremely engaging. Criminal profiling and courtroom psychology discussions gave me exposure that my university curriculum never covered in depth. The report-writing guidance was especially valuable.”

**Shivani Sharma**

— BA Psychology Student, 2024 Batch

“The organizational behavior and workplace mental health modules were very structured. I now feel confident about exploring HR and corporate psychology roles after this exposure.”

**Aastha Sangani**

— Final Year Psychology Student



# Testimonials

“The trauma-informed approach sessions were eye-opening. I learned grounding techniques and how to handle sensitive cases ethically and safely.”

**Pratik Bansal**

— Counseling Intern

“What made this internship unique was the integration of forensic, clinical, neuropsychology, and trauma studies in one structured program. It gave me clarity about which specialization I want to pursue in my Master’s. The case simulations were the highlight for me.”

**Kartik Tyagi**

— Final Year BA Psychology Student, 2025 Batch

“I always struggled with differentiating between mood disorders and personality disorders. The DSM-based sessions and differential diagnosis exercises made everything much clearer. I now feel more confident in academic discussions and viva exams.”

**Namra Ahmed**

— MA Psychology Intern, Winter Cohort

